OCTOBER 2026

Solent

MON	TUE	WED	THU	FRI	SAT	SUN
			1 Alphabet Game + Beer Tasting	2 Ball Games + Poetry Reading	3 What Makes You Smile + Snakes & Ladders	4 Bingo + Colouring
5 Word Search + Afternoon Walks	6 Salon Social + Trivia & Library Trip	7 Karaoke + Oaklands Shop	8 Sensory Session + Outing	9 Balloon Tennis + Rhymes	10 Pasta Jewellery + One to Ones	11 Walks + Gospel Church
12 Music Morning + Hangman	13 Salon Social + Reminiscing	14 Daisy Buds + Name 5 Things	15 One to Ones + Nail Pampering	16 Halloween Cookies + Movie Afternoon	17 Memory Ball + Puzzles	18 Singalong + Music Quiz
19 Card Games + Afternoon Walks	20 Salon Social + Trivia & Library Trip	21 Florist Workshop + Visosport	22 Music Morning + Sunnyfields Trip	23 One to Ones + Forget-Me-Not Cafe	24 5 Second Rule Game + Singalong	25 Bean Bag Games + Puzzle Afternoon
26 Memories of Summer + Price is Right	27 Salon Social + Halloween Crafts	28 Gardening + Make a Smile	29 Autumn Quiz + Movements with Jo	30 Pumpkin Carving	31 Chocolate Tasting + Movie Afternoon	

Key Dates

1st - Oktoberfest
4th - World Animal Day
10th - Harvest Festival
13th - Your Wedding Day
18th - World Singing Day
25th - British Summer End
31st - Halloween

Oaklands Walking Group
1.30pm - Every Day

Hairdresser
Every Tuesday

Forget-Me-Not Cafe
2pm - Every Fourth Friday

Oaklands Rest Home
Our speciality is you

OCTOBER 2026

Woodlands

MON	TUE	WED	THU	FRI	SAT	SUN
			1 Alphabet Game + Beer Tasting	2 Ball Games + Poetry Reading	3 What Makes You Smile + Snakes & Ladders	4 Bingo + Colouring
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OCTOBER 2026

Bluebell

MON	TUE	WED	THU	FRI	SAT	SUN
			1 Alphabet Game + Beer Tasting	2 Ball Games + Poetry Reading	3 What Makes You Smile + Snakes & Ladders	4 Bingo + Colouring
5 Word Search + Afternoon Walks	6 Salon Social + Trivia & Library Trip	7 Karaoke + Oaklands Shop	8 Sensory Session + Outing	9 Balloon Tennis + Rhymes	10 Pasta Jewellery + One to Ones	11 Walks + Gospel Church
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