

NOVEMBER 2019

Monthly Activities Calendar

M	T	W	T	F	S	S
				1 World Vegan Day & Dog Therapy	2 Music Morning & Family Afternoon	3  Church Service
4  Manicures & Bonfire	5  Bonfire Crafts, Fireworks & Exercise with Jo	6 Musical Instruments & Colouring Activities	7 Ball Games & Letter Writing	8  Brunch & Dog Therapy	9 Remembrance Day Crafts & Film Afternoon	10 Remembrance Day Service
11 Poppy Making & Day Trip 	12 Hairdressers & Exercise with Jo	13 Wildlife Kindness & Musical Instruments	14  Baking & Board Games	15 Arts and Crafts & Dog Therapy	16  Family Day & Film Afternoon	17  Family Day
18 Manicure & Picture Bingo	19 Hairdressers & Exercise with Jo	20  Little Gardeners Arts Session & Gardening	21 Coffee Morning & Card Making	22  Craft Morning & Dog Therapy	23 Craft Morning & Film Afternoon	24 Church Service & Family Day
25 Manicure & Pamper Afternoon	26  Hairdressers & Exercise with Jo	27  Craft Morning & Sing-a-long	28  Xmas Planting & Games	29  Music Morning & Forget Me Not Café	30  Family Day & Film Afternoon	



Key dates for the diary!

- 1st - 31st - November
- 1st - World Vegan Day
- 3rd - National Sandwich Day
- 5th - Guy Fawkes Night
- 6th - National Stress Awareness Day
- 10th - Remembrance Sunday
- 11th - Remembrance Day
- 13th - World Kindness Day
- 14th - World Diabetes Day
- 29th - November Forget Me Not Café
- 30th - St Andrew's Day

To find out more about life at Oaklands, call us on 023 8084 5759, or pop in and say hello!